

# Trillium Health Presents Seventh “A Call To Women of Color Social Gathering”

August 12, 2013

Rochester, NY - Trillium Health, in collaboration with Latinas Unidas, is hosting **A Call to Women of Color Social Gathering** on Saturday, August 24, from 9:00 AM until 3:30 PM in the Roundhouse at Genesee Valley Park. **A Call to Women of Color Social Gathering** is one of Trillium Health’s annual prevention and health education programs targeting women of color in Rochester. The social gathering is in its seventh year and focuses on empowering women of color to engage in conversation, to raise awareness of HIV and other health disparities, and to consider getting HIV tested.

This year’s event will focus on the theme of “Mindfulness” and will commence with an early morning interactive activity around holistic health education with energy balance and harmony ritual, facilitated by Heide Parreño, R.N., M.S., M.A., M.ApTh. Other facilitators will include Melany Silas, Tanishia Johnson, Annette Ramos, Jackie Campbell, Dale Chanaiwa and Trillium Health’s associate director of minority health initiatives, Sady Fischer. According to Fischer, “Trillium Health is proud to offer this unique opportunity for women to connect and together strengthen how we take care of our physical, emotional and spiritual health. Jackie (Dozier) and I have made some changes this year and are excited to combine learning and socializing, in order to bring women together for a day of mutual learning, support and sisterhood.”

Event highlights will include continental breakfast and lunch, entertainment, Zumba, giveaways, massages, socializing, health information, and screenings. Trillium Health will offer confidential HIV counseling and testing.

**A Call to Women of Color Social Gathering** is organized by women of color for women of color. This event is free, however space is limited and pre-registration is required. Please register by contacting Jackie Dozier, minority health initiatives program coordinator, at (585) 210-4126 or via e-mail: [jdozier@TrilliumHealthNY.org](mailto:jdozier@TrilliumHealthNY.org).

For additional media information, contact Stacey Rowe, associate director of marketing at (585) 210-4217.

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